

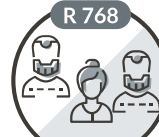


MERIDIAN⁴⁰⁰

Our **middle-of-the-range option** covers the most often experienced **in-hospital** medical expense shortfalls.

PREMIUMS FOR INDIVIDUALS AND FAMILIES

Premiums are determined by age at entry, and there's no maximum entry age.

IF YOU'RE 35 OR YOUNGER	IF YOU'RE BETWEEN 36 AND 64	IF EVERYONE IN THE FAMILY IS 64 OR YOUNGER	IF YOU OR ANYONE IN THE FAMILY IS 65 OR OLDER
 R 275 INDIVIDUAL	 R 352 INDIVIDUAL	 R 352 FAMILY	 R 768 INDIVIDUAL or FAMILY

One **Gap Cover** policy covers you and your spouse, even if you belong to different medical aid plans, including the dependants registered on either medical aid plan.

Child dependants registered on your or your spouse's medical aid plan may remain on your **Gap Cover** policy regardless of age. However, when a child dependant applies for their own medical aid membership, they must apply for their own policy.

A full-time student **26 or younger** may remain on your policy even if they belong to a different medical aid plan, provided proof of full-time studies is submitted annually. Distance and online learning don't qualify.



BENEFITS SUBJECT TO AN OVERALL POLICY LIMIT (OPL)

An OPL of R 219 845 per person per year applies to the following benefits or any higher amount published by the Regulator during the year. All approved claim amounts will be deducted from the available OPL.

**GAP BENEFIT**www.stratumbenefits.co.za/gap-benefit/**IN-HOSPITAL COVER****HOW IT WORKS**

We cover the **shortfalls** when:

- the cost of your medical procedure performed in a day clinic or hospital is more than your medical aid plan's rate,
- as long as your medical aid pays an amount from a **hospital benefit**, also known as a **risk or major medical benefit**.

WHAT WE COVER

We pay up to an **additional 400%** on top of your medical aid plan's rate to cover shortfalls on your doctors', specialists', and healthcare providers' accounts related to the following in-hospital medical events:

- consumable items, such as catheters, medical gloves and syringes;
- medication administered during your medical event;
- medical procedures, surgeries and treatments;
- physiotherapy;
- pathology, such as blood, saliva and urine tests; and
- Prescribed Minimum Benefit (PMB) medical procedures.

Subject to the **OPL of R 219 845 per insured person per year**.

GOOD TO KNOW

- PMBs are specific benefits your medical aid must provide for a defined list of medical procedures. If your medical aid's qualifying criteria for PMBs aren't met, we'll assess the shortfalls when you incur out-of-pocket medical expenses.
- Look at **DENTAL**, **MATERNITY** and **RADIOLOGY COVER** to see what other shortfalls we cover.
- Allied healthcare providers aren't covered, except for clinical perfusionists, midwives, nurses, physiotherapists, and radiographers.
- Unless we confirm otherwise, waiting periods and the **Limited Payout Benefit** apply. Refer to the **Waiting Periods** page.

**CO-PAYMENT BENEFITS**

There are **three benefit categories**.

ADMISSION AND PROCEDURE CO-PAYMENTS IN-HOSPITAL COVER	PENALTY CO-PAYMENT IN-HOSPITAL COVER	SCOPE CO-PAYMENTS OUT-OF-HOSPITAL COVER
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HOW IT WORKS

We **refund** co-payments that your **medical aid imposes** as rand amounts or percentages for:

- admissions to network and non-network day clinics and hospitals and medical procedures, such as in- or out-of-hospital scopes,
- as long as the co-payments are paid from your **medical savings account** or **pocket**.

WHAT WE COVER

Claim as many admission and procedure-related co-payments as needed.

Subject to the **OPL of R 219 845 per insured person per year**.

Benefit limits apply to our **PENALTY** and **SCOPE CO-PAYMENT BENEFITS**.

If your medical aid has a preferred network of day clinics, hospitals and healthcare providers you must use for planned medical procedures, you can claim the penalty co-payment when using a non-network provider.

Limited to **1 co-payment** up to **R 10 500 per policy per year**.

Claim the co-payments that apply to out-of-hospital scopes, such as cystoscopies and gastroscopies.

Limited to **2 co-payments** up to **R 4 000 per co-payment per policy per year**.

GOOD TO KNOW

- If your healthcare provider asks you to pay an amount before your medical event, it's called split billing. The upfront amount makes up the provider's private fee that doesn't reflect on the account submitted to your medical aid for payment. Ask your provider to submit a detailed account reflecting their private fee to your medical aid so we can assess any shortfalls under our **GAP BENEFIT**.
- Some medical aids require members to use specific provider networks for planned procedures such as hip and knee replacements, spinal surgery, and cataract surgery. These networks may include hospitals, clinics, specialists, and anaesthetists. If you use a non-network provider, your medical aid may apply a co-payment across all related accounts. You can claim these co-payments from us, though depending on how your medical aid processes them, they may fall under our **PENALTY CO-PAYMENT BENEFIT**. Staying in-network is the best way to avoid unnecessary out-of-pocket expenses.
- Look at **DENTAL**, **MATERNITY** and **RADIOLOGY COVER** to see what co-payments we cover for dentistry, childbirth and specialised radiology.
- Unless we confirm otherwise, waiting periods and the **Limited Payout Benefit** apply. Refer to the **Waiting Periods** page.



DENTAL COVER

If you're booked into a day clinic or hospital for extractions, dental implants or oral surgery, our benefits can assist with the shortfalls and co-payments.

DENTAL COVER is made up of **various benefits** you can claim from.

SPECIALIST SHORTFALLS IN-HOSPITAL COVER

CO-PAYMENTS IN-HOSPITAL COVER

HOW IT WORKS

We cover the **shortfalls** when:

- the cost of your dental-related procedure performed in a day clinic or hospital is more than your medical aid plan's rate,
- as long as your medical aid pays an amount from a **hospital benefit**, also known as a **risk** or **major medical benefit**.

We **refund** co-payments that your **medical aid imposes** as rand amounts or percentages for:

- admissions to day clinics and hospitals and in-hospital dental-related procedures,
- as long as the co-payments are paid from your **medical savings account** or **pocket**.

WHAT WE COVER

We pay up to an **additional 400%** on top of your medical aid plan's rate to cover shortfalls on your dentists' and specialists' accounts related to the following in-hospital medical events:

- dental procedures, such as dental implants and wisdom teeth extractions.

Limited to **R 10 000 per policy per year**.

- dental procedures due to accidental events or cancer treatment.

Limited to **R 28 000 per policy per year**.

Subject to our **GAP BENEFIT**.

Claim as many admission and dental procedure-related co-payments as needed.

Subject to our **ADMISSION AND PROCEDURE CO-PAYMENT BENEFIT**.

Claim the penalty co-payment when using a day clinic or hospital outside your medical aid's preferred network.

Subject to our **PENALTY CO-PAYMENT BENEFIT**.

GOOD TO KNOW

- If your healthcare provider asks you to pay an amount before your medical event, it's called split billing. The upfront amount makes up the provider's private fee that doesn't reflect on the account submitted to your medical aid for payment. Ask your provider to submit a detailed account reflecting their private fee to your medical aid so we can assess any shortfalls under our **GAP BENEFIT**.
- Unless we confirm otherwise, waiting periods and the **Limited Payout Benefit** apply. Refer to the **Waiting Periods** page.



SUB-LIMIT BENEFIT

Your medical aid plan might provide unlimited hospital cover, but if certain medical services or items are limited to a rand amount, it's called a sub-limit or annual limit.

INTERNAL PROSTHETIC DEVICES

IN-HOSPITAL COVER

HOW IT WORKS

When your medical aid pays part of the cost of an internal prosthetic device, we'll cover the **difference**.

WHAT WE COVER

We'll cover the **difference** in the cost of any internal prosthetic device that replaces a body part, such as a hip joint, or improves a lost or reduced bodily function, such as a cardiac pacemaker, cochlear implant, or intraocular lenses when your medical aid pays part of the cost from a **sub-limit** or **annual limit**.

Limited to **2 events** up to **R 20 000 per event per policy per year**.

GOOD TO KNOW

- External medical items aren't covered.
- Look at **RADIOLOGY COVER** to see what we cover for MRI, CT, and PET scans.
- Unless we confirm otherwise, waiting periods and the **Limited Payout Benefit** apply. Refer to the **Waiting Periods** page.



MATERNITY COVER

We offer cover from pre- to post-bump.

MATERNITY COVER is made up of various benefits you can claim from.

THE DELIVERY

CHILDBIRTH SHORTFALLS IN- AND OUT-OF-HOSPITAL COVER	CO-PAYMENTS IN-HOSPITAL COVER
HOW IT WORKS AND WHAT WE COVER	
We cover the shortfalls when: - healthcare professionals, such as your gynaecologist, obstetrician or midwife, charge more than your medical aid plan's rate for delivering your baby in the hospital or at home, - as long as your medical aid pays an amount from a hospital benefit, also known as a risk or major medical benefit. Subject to our GAP BENEFIT.	We refund co-payments that your medical aid imposes for elective caesareans as long as the co-payments are paid from your medical savings account or pocket. Subject to our ADMISSION AND PROCEDURE CO-PAYMENT BENEFIT. Claim the penalty co-payment when using a hospital outside your medical aid's preferred network. Subject to our PENALTY CO-PAYMENT BENEFIT.

BEFORE AND AFTER THE DELIVERY | PREVENTATIVE PROCEDURES, IMMUNISATIONS AND BIRTH CONTROL

Claim the **shortfalls** of the cost of a recommended flu vaccination in your second trimester, as well as other preventative tests and procedures such as a full blood count, childhood immunisations, your baby's flu vaccination from **7 months**, or a contraceptive device implant when your medical aid pays part of the cost from a **risk**, **insured day-to-day** or **block benefit**, or the **total cost** when paid from your **medical savings account** or **pocket**, subject to our benefit limit.

Subject to our **PREVENTATIVE CARE BENEFIT**.

GOOD TO KNOW

- Send us a medical aid membership or birth certificate to add your newborn.
- Unless we confirm otherwise, waiting periods and the **Limited Payout Benefit** apply. Refer to the **Waiting Periods** page.



RADIOLOGY COVER

What does your medical aid plan cover for basic and specialised radiology? Do upfront co-payments apply to in- and out-of-hospital MRI, CT, and PET scans, or a combined benefit limit for x-rays and scans? We've got the cover you need.

RADIOLOGY COVER is made up of various benefits you can claim from.

RADIOLOGY SHORTFALLS IN-HOSPITAL COVER	MRI, CT AND PET SCAN CO-PAYMENTS IN-HOSPITAL COVER	MRI, CT AND PET SCAN CO-PAYMENTS OUT-OF-HOSPITAL COVER	MRI, CT AND PET SCAN SUB-LIMIT IN- AND OUT-OF-HOSPITAL COVER
HOW IT WORKS			
We cover the shortfalls when: - the radiologist or radiology facility charges more than your medical aid plan's rate for in-hospital basic and specialised radiology, - as long as your medical aid pays an amount from a hospital benefit, also known as a risk or major medical benefit.	We refund co-payments that your medical aid imposes as rand amounts or percentages for in-hospital MRI, CT, and PET scans, as long as the co-payments are paid from your medical savings account or pocket.	We refund co-payments that your medical aid imposes as rand amounts or percentages for out-of-hospital MRI, CT, and PET scans, as long as the co-payments are paid from your medical savings account or pocket.	When your medical aid covers the cost of: - in- or out-of-hospital MRI, CT, or PET scans from a sub-limit or annual limit, - but the rand amount available under the sub-limit or annual limit doesn't cover the total cost, we'll cover the difference.
WHAT WE COVER			
We pay up to an additional 400% on top of your medical aid plan's rate to cover shortfalls on basic and specialised radiology. Subject to our GAP BENEFIT.	Claim as many radiology-related co-payments as needed. Subject to our ADMISSION AND PROCEDURE CO-PAYMENT BENEFIT.	Limited to 2 co-payments up to R 4 000 per co-payment per policy per year.	Limited to R 5 000 per insured person per event.

GOOD TO KNOW

- Unless we confirm otherwise, waiting periods and the **Limited Payout Benefit** apply. Refer to the **Waiting Periods** page.



CANCER BENEFITS

There are **two benefit categories**.

CANCER TREATMENT SHORTFALLS IN- AND OUT-OF-HOSPITAL COVER	CANCER TREATMENT TOP-UP IN- AND OUT-OF-HOSPITAL COVER
HOW IT WORKS	
We cover the shortfalls when your healthcare providers charge more than your medical aid plan's rate for in- or out-of-hospital cancer treatment, as long as your medical aid pays an amount from an oncology benefit .	If your medical aid plan covers in- or out-of-hospital cancer treatment up to an oncology benefit limit, we'll top up your cover and pay the total cost of ongoing cancer treatment, up to our benefit limit, when your medical aid plan's oncology benefit limit has been reached.
WHAT WE COVER	
The shortfalls we'll cover are subject to the oncology treatment plan approved by your medical aid. Our benefit typically covers: - biological medication; - chemotherapy and radiotherapy; - consultations with your oncologist; and - specialised radiology, such as bone density and PET scans. We'll also refund the oncology-related co-payments that your medical aid imposes as rand amounts or percentages when your medical aid plan's oncology benefit limit has been reached. Limited to R 50 000 per insured person per year .	We'll cover the cost of your ongoing cancer treatment subject to the oncology treatment plan approved by your medical aid. Limited to R 50 000 per insured person per year .
	GOOD TO KNOW - Some medical aids impose co-payments from the start of treatment, often for precision or innovative oncology medication. These co-payments aren't covered, as our benefit only refunds co-payments that apply once your medical aid plan's oncology benefit limit has been reached. - Unless we confirm otherwise, waiting periods apply. Refer to the Waiting Periods page.



CASUALTY BENEFITS

There are **two benefit categories**.

ACCIDENTAL EVENTS INDIVIDUALS OF ALL AGES OUT-OF-HOSPITAL COVER	ILLNESS EVENTS INDIVIDUALS OF ALL AGES OUT-OF-HOSPITAL COVER
HOW IT WORKS	
Visit any registered medical facility within 24 hours of an accident, such as the doctor's room or emergency unit at the nearest hospital, when anyone in the family requires medical treatment for bodily injury. We'll cover the shortfalls when your medical aid pays part of the cost of a casualty event from a risk, insured day-to-day or block benefit , or refund the total cost when paid from your medical savings account or pocket , subject to our benefit limits.	We cover the whole family for after-hours illness-related events at any registered casualty facility between 19:00 and 7:00 Monday through Friday and all day Saturday, Sunday, and public holidays.
WHAT WE COVER	
We cover all the healthcare and service providers' accounts related to a casualty event, typically including: - basic and specialised radiology and pathology; - co-payments; - facility and doctors' consultation fees; - medication administered during an event; and - external medical items received at the medical facility, such as a neck brace or arm sling, limited to 2 events up to R 1 000 per person per event, subject to the R 9 500 benefit limit. Limited to R 9 500 per insured person per event .	- basic and specialised radiology and pathology; - co-payments; - facility and doctors' consultation fees; and - medication administered during an event. Limited to 2 events up to R 3 000 per event per policy per year .

GOOD TO KNOW

- If you're admitted to the hospital after being treated in the casualty or medical facility for an accidental-related event or in the casualty facility for an after-hours illness-related event, the admission becomes a new medical event, and claims will be assessed based on the hospital admission.
- Our benefit applies even if your medical aid doesn't cover casualty events.
- You're covered from day one because this benefit isn't subject to any waiting periods.



TRAUMA COUNSELLING BENEFIT

www.stratumbenefits.co.za/trauma-counselling-benefit/

When dealing with a traumatic event and wanting to see a counsellor, our benefit can assist with the costs.

OUT-OF-HOSPITAL COVER

HOW IT WORKS

We'll cover the **shortfalls** when your medical aid pays part of your registered counsellor's consultation fees from a **risk, insured day-to-day** or **block benefit**, or **refund the total cost** when paid from your **medical savings account** or **pocket**, subject to our benefit limit.

WHAT WE COVER

You're covered when you:

- witness an accident or act of physical violence;
- are directly affected by an accident or act of physical violence, for example, suffering bodily injury resulting in total and permanent disability;
- receive news of a loved one's or your own diagnosis of a critical illness; or
- mourn the death of a loved one.

Limited to **3 consultations** up to **R 2 000 per consultation per policy per year**.

GOOD TO KNOW

- Trauma affects everyone at different times. We provide cover even if the traumatic event occurred before your cover start date.
- Our benefit applies even if your medical aid doesn't cover trauma counselling consultations.
- Read more about our **WELLNESS CARELINE** value-added product, which offers complimentary telephonic and virtual counselling to support better mental wellness.
- You're covered from day one because this benefit isn't subject to any waiting periods.



PREVENTATIVE CARE BENEFIT

OUT-OF-HOSPITAL COVER

HOW IT WORKS

You're covered for essential preventative and screening tests.

Claim the **shortfalls** when your medical aid pays part of your healthcare provider's consultation fee, preventative test or procedure from a **risk, insured day-to-day** or **block benefit**, or claim the **total cost**, up to our benefit limit, when paid from your **medical savings account** or **pocket**.

WHAT WE COVER

Our benefit covers the consultation fees and cost of the following immunisations, procedures, scans, screenings, tests and vaccinations:

- | | | |
|----------------------------|---|---|
| • blood glucose tests; | • contraceptive device implants; | • mammograms and breast sonars; |
| • bone density scans; | • flu vaccinations; | • pap smears; |
| • childhood immunisations; | • full blood counts; | • prostate-specific antigen screenings; and |
| • cholesterol tests; | • Human Papillomavirus vaccinations (HPV vaccines); | • testicular screenings. |

Limited to **2 events** up to **R 500 per event per policy per year**.

GOOD TO KNOW

- Our benefit applies even if your medical aid doesn't cover preventative tests, screenings or procedures.
- Unless we confirm otherwise, a **General Waiting Period** applies. Refer to the **Waiting Periods** page.

LIFESTYLE BENEFIT

Our **LIFESTYLE BENEFIT** is a complimentary value-added product.



WELLNESS CARELINE

www.stratumbenefits.co.za/wellness-careline/

Coming In 2026.

Even the strongest people need support sometimes, and that's where professional help can truly make an impact.

Through our partnership with **Reality Wellness Group**, you and your dependants can access a **WELLNESS CARELINE** – a confidential support service that connects you with qualified registered counsellors and social workers for one-on-one counselling, offered **telephonically** or **virtually**.

Support is available 24/7, 365 days a year, in all 11 official languages.

Download the **Reality Wellness Group** Mobile App for expert resources, inspiring talks, and practical tools to support your overall well-being.

Follow the link to our website to get your **access code** to create your Mobile App user profile.

